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 THE HOLLINGER CUP

## RULES & REGULATIONS

- Hockey skates and hockey helmets are mandatory. Protective Equipment is optional but highly recommended.
- No goalie equipment or goal sticks permitted
- All teams must have uniforms and tournament officials must be notified of uniform colors upon registration
- There will be one off-ice Pond official to monitor the play (scoring and arbiter of infractions)
- Penalties will be called for rule infractions. Penalties called on honor system. A minor penalty will result in a goal awarded to opposing team as well as possession of puck.
- All minor rule infractions will result in a goal awarded to opposing team as well as possession of the puck. These include tripping, hooking, slashing, body contact, elbowing, etc.
- Any major penalties which include any action that could possibly injure another player, will result in ejection from the tournament. The entire team will be eliminated.
- Abusing of official will be considered a major penalty against the player committing the infraction. This player could be eliminated by Pond official's discretion. This includes yelling, swearing or arguing about calls.
- No body checking allowed. Such action will result in a minor penalty. Unless deemed serious enough to be a major penalty.
- Players cannot fall or lay on the ice in an effort to protect the goal area. Such action will result in a minor penalty.
- Players cannot lay their sticks down to protect the goal area. Such action will result in a minor penalty.
- Contacting the puck with a stick above the waist will result in a loss of possession.
- If a puck goes out of bounds, the last team to touch it lose possession. During restart, the defender must give his opponent 2-stick lengths of space.
- There are no off-sides or icing calls.
- Goals must be scored from the attacking side of center ice.
- Teams must give their opponents 1/2 ice after a goal is scored or an infraction takes place.
- There are no overtime periods in round robin play. During championship games, teams will play a 3 minute overtime. The team that scores the most will be declared the winner. If the score remains tied at the end of 3 minute overtime, a long toss "shootout" (3 shooters each) will determine a winner.
- Teams are allowed to lift the puck for passing, at no more than ~12 (inches) off the ice.
- Raising of the puck at a greater distance will result in the puck being awarded to the opposing team (Change of possession)
- No slap shots. Stick blades must remain on the ice during play.
- Teams will be required to give their opponents 1/2 ice after a goal is scored or a change in possession occurs for a penalty infraction. The team that has been scored upon must move the puck over the 1/2 ice marker before the defending team can engage play within 15 seconds of a goal. Failing to do so will result in loss of possession and a goal award to the other team.
- Pucks that are accidentally shot out of bounds will result in the opposing team gaining possession at the spot closest to where the puck left the area of play. Defenders must give the in-bounding team 2 stick lengths to initiate play once again.